

A scenic view of a river with a stone bridge and a weir. The bridge has three arches and is reflected in the water. In the foreground, there is a weir with white water cascading over it. The background is filled with lush green trees.

# Bakewell

## Town Guide 2024

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# Welcome

## to the Bakewell Town Guide

### 2024



**“Bakewell occupies a glorious location on the banks of the river Wye, and is the only town within the Peak District National Park.**

The town is rightly famed for its eponymous puddings which are well worth a try. But our history goes much further back than a 19th century kitchen mix-up and is one which admirably repays deeper investigation. From the iconic Bakewell Bridge to the elegance of All Saints Church, Bakewell is steeped in history; but how many people know of Bakewell Castle or of the town’s Sheepwash?

Bakewell has a great deal to offer residents and visitors alike with a terrific range of shops for all ages, tastes, and pockets, including many specialist outlets, cafes, bars and restaurants, not to mention our farmers market.

The busy and thriving Monday stall market easily justifies a visit in its own right. Bakewell continues to be famed across the region and beyond as a quintessentially English market town.

Bakewell makes a great base for a break, whether you’re looking for a quiet weekend away or planning your next big adventure. We have some of the best walking routes in the country, from quiet footpaths to busy trails and all that lies between. With festivals and events taking place throughout the year there’s always something ‘going on’ which makes for a vibrant atmosphere and a town that has a bit of a buzz

Scratch the surface and you’ll find sporting activities, clubs and societies covering a surprisingly broad range of interests, shows, theatres and bands.

**Bakewell is a real gem, and many say it’s the jewel in the crown of the Peak District.”**

## Bakewell Town Council

Bakewell Town Council was established back in 1974 as part of the Local Government reorganisation, it is a successor to the former Bakewell Urban District Council.

Elections for its nine members are held every four years with the next due in 2027, the Town Council is traditionally not party political. The Mayor is elected annually from amongst the members. The present incumbent is Cllr Helen Garvey who, as well as chairing our meetings represents the Council at civic events in the town and the wider community.

The role of a councillor is a varied and interesting one with the desire to effect positive change for the community frequently cited as a major motivator for joining. It often surprises people that the role of Town Councillor is unpaid. However, a Mayor's Allowance has been established to help defray the additional costs of the office of Mayor.

The Council employs a Town Clerk who is also its Responsible Financial Officer.

The Clerk makes recommendations to and carries out the instructions of Council and ensures it meets its legal duties. Often the first point of contact with the public, the Clerk has a key role in progressing enquiries and requests to the Town Council or signposting people to relevant external bodies.

To manage its assets, fund projects and meet its statutory duties the Council sets a precept which appears on the annual Council Tax Demand; for 2024-25 this is £110,250. The budget allows small grants to be made to organisations benefiting the local community.

Meetings are currently held on the first Monday of the month in the Council Chamber at Town Hall. A calendar of meetings is available on The Town Council's website, along with agendas, minutes and supporting documents. Meetings are open to the public (other than for rare occasions when confidential business is discussed) and representations can be made or questions asked during the "Public Speaking" section of the meeting.

The Town Council works in partnership with many organisations including Derbyshire County Council, Derbyshire Dales District Council and the Peak District National Park Authority as well as voluntary bodies, charities and individuals. It has established a Flood Warden Scheme and is working on a project to introduce further street trees in the town centre.

A current example of partnership working is a joint project with Haddon Estate and Derbyshire Dales District Council to address riverbank erosion at Scot's Garden and the area immediately downstream of Bakewell Bridge. A £92,000 grant has been secured from the Heritage Lottery Fund with work due to conclude over the summer.

The Town Council looks after important parts of Bakewell's setting and is working on woodland management and planning the long term environmental stewardship of Catcliffe Wood, Ball Cross Wood, Parsonage Field, Scot's Garden and Parsonage Field in order that they can be enjoyed by today's, tomorrow's and future generations.

## Town Councillors

- Cllr John Boyle
- Cllr Kay Fairest
- Cllr Helen Garvey
- Cllr Alyson Hill
- Cllr Robert Kirkwood
- Cllr Paul Miller
- Cllr Paul Morgans
- Cllr Bill Storey
- Cllr Mark Wakeman

## Your other Local Elected Representatives

### Derbyshire Dales District Council

DCllr Gareth Gee

Email: [gareth.gee@derbyshiredales.gov.uk](mailto:gareth.gee@derbyshiredales.gov.uk)

DCllr Bob Butcher

Email: [bob.butcher@derbyshiredales.gov.uk](mailto:bob.butcher@derbyshiredales.gov.uk)

### Peak District National Park Authority

Kath Potter Tel: 01629 734 320

Email: [kath.potter@peakdistrict.gov.uk](mailto:kath.potter@peakdistrict.gov.uk)

### Derbyshire County Council

CCllr Alasdair Sutton

Tel : 07773 744682

Email: [alasdair.sutton@derbyshire.gov.uk](mailto:alasdair.sutton@derbyshire.gov.uk)

**Member of Parliament**  
Election Result Pending

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Front Cover Image Courtesy of Kay Fairest

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# Defibrillators in Bakewell

When a person collapses and is not breathing normally, their life is at risk, it could be from a sudden cardiac arrest, their heart may have stopped beating and are then need of urgent medical treatment, without which their chances of survival are low.

## What is a defibrillator?

They are lightweight portable devices designed to be used by people with minimal or no training on someone who has suffered a cardiac arrest, its job is to analyse the heart rhythm and determine whether a shock is required, if a shock is required the defib will give clear voice instructions to guide the user through the process.



Using a defibrillator – You do not require any medical training to use a defib, just call 999 and begin CPR immediately, don't hesitate to shout bystanders for help as the operator will advise

where the location of the nearest defib is, so you will need a volunteer to collect it, they will also give you a code to access the key pad on the cabinet as seen here, once the cabinet is open, take out the defib and switch on, it will instruct you to place two adhesive pads to the

casualties chest, which monitor the heart and its electrical rhythm. If the defibrillator tells you that a shock is needed, tell people to stand back.



The defibrillator will tell you when to press the shock button. After the shock has been given the defibrillator will tell you to continue CPR for two minutes before it re-analyses. If the casualty shows signs of becoming responsive, such as coughing, opening eyes, or

speaking, and starts to breathe normally, put them in the recovery position. Leave the defibrillator attached. Monitor their level of response and prepare to give CPR again if necessary.

The ambulance will be on its way!

**!!! Look at the what3words website: [www.what3words.com](http://www.what3words.com) !!!**

## Location of Community Defibrillators in Bakewell including the "What 3 Words" location:

Agricultural Business Centre – abc **!!!** caged.remotest.river

**Available During Business Hours**

The Agricultural Business Centre, Agricultural Way, Bakewell DE45 1AH

Bakewell Town Hall - main entrance **!!!** seasonal.deeds.thing

**Available During Business Hours**

1, The Square, Bakewell DE45 1BT

Codel Station Road Industrial Estate **!!!** novelists.singer.custodial

Unit 4 Station Rd, Bakewell DE45 1GE

Co-op filling station on Matlock Street **!!!** stumble.mows.quits

Matlock Street, Bakewell DE45 1EP

Co-op supermarket on Market Square **!!!** speeded.keep.impeached

Market St, Bakewell DE45 1DS

Fire Station on Buxton Road **!!!** living.seeing.ushering

Buxton Road, Bakewell DE45 1DA

Gospel Hall, Stanedge Road **!!!** tango.running.claw

2, N Church St, Bakewell DE45 1DB

Methodist Church on Matlock Street **!!!** easy.slipping.widely

Matlock St, Bakewell DE45 1EL

Moorhall General Store **!!!** applauded.irritate.weary

Moorhall, Bakewell DE45 1FT

North Church Street **!!!** fuses.feuds.issuer

North Church Street, Bakewell, DE45 1DB

Public Toilets on Granby Road **!!!** bonfires.neat.yours

1, Granby Croft, Bakewell DE45 1EG

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# The Illustrious History of Bakewell

## EARLY SETTLEMENT

The Hills around Bakewell are studded with the monuments of Bronze and Iron Age settlers – hill forts, barrows and stone circles. What importance these early people attached to the warm and cold springs that bubbled out among the meadows of the River Wye below is not known. Nor is there any evidence that these wells attracted Roman settlers as did the warmer springs of Buxton. The first known settlement was that of the Saxons by the ninth century, if not earlier, and at the beginning of the 10th century its name first appears as Badecan Wiellon – the springs or wells of one called Badeca.

The small village grew up on the hillside about the church, in which survive various interested fragments of Saxon sculpture, whilst outside stands the stump of a large carved stone cross, perhaps a precursor of Bakewell's first church. In the meadows south of the Showground archaeologists have discovered the large burh, or military camp, which the Anglo-Saxon Chronicle (920) tells us King Edward the Elder, son of Alfred the Great, constructed here to protect the Peak from the marauding Danes. Gradually, as peace prevailed, Bakewell became the centre of a royal hunting forest of the penultimate Anglo-Saxon King, Edward the Confessor.



The Foljambe monument in All Saints Church

## MEDIAEVAL BAKEWELL

When the Domesday Book was compiled (1086) William the Conqueror possessed the manor of Bakewell, which comprised a church with two priests, a mill, a lead mine and some 200 inhabitants. By the 12th century on the hill across the river,

directly above the ancient ford, a wooden motte and bailey castle was erected to protect the

small town. Its remains can still be inspected on Castle Hill.

Gradually the settlement around the church spilled down the hill. By the 13th century a fine stone bridge of five arches spanned the ford and, as trade increased, Bakewell received a charter for its market and fairs. Prospering from the Peakland wool, the town's mercers thrived. The town's prosperity can be measured by the expansion of All Saints parish church; it exhibits architecture of every period from the twelfth to the fifteenth centuries, capped with an octagonal tower and spire which were rebuilt in the 1840s. Wool merchants' money helped to pay for this, as did that of the late mediaeval lords of the manor, the Vernons of Haddon Hall. Their tombs and those of other local benefactors like Godfrey Foljambe and William de Wensley are still in the church.

## TUDOR AND STUART PROSPERITY

The Newark (new work of the 14th century), or south transept of the church, contains the effigy of the last male of the line of Vernons of Haddon. Old Sir George, whom William Camden styled 'regulus Pecci', or the petty king of the Peak, reclines between his two wives. His vast estate of some thirty manors was divided equally between his two daughters, Margaret and Dorothy. The latter married John Manners, nephew of the Earl of Rutland, and brought Haddon Hall and the manor of Bakewell to that family. Incidentally, the couple did not elope as



Haddon Hall

popular legend still insists. Their son, Sir George, married Grace Pierrepont who founded Lady Manners School in 1636 and their son, John, inherited the title of Earl of Rutland in 1642.

Bakewell continued to grow and prosper under the Manners family and evidence of this is still visible in the town. Dorothy's husband, Sir John (knighted in 1603) founded the Hospital or



Almshouses of St John in South Church Street. The Old Market Hall in Bridge Street, now the Information Centre, was also erected about this time. Goods brought into and out of the town were carried by strings of packhorses and this trade has left us the handsome packhorse bridge of 1664 at Lumford. The Old Town Hall in King Street, once the civic centre of old Bakewell, belongs to the late 17th and early 18th centuries as does the bath over the warm well in Bath Gardens. The construction of a bathing on this spot is first mentioned in 1637. The Earl of Rutland enlarged it in 1695 and it was roofed with a stone vault in 1705 by the first Duke.

In 1703, on the creation of the dukedom of Rutland, the Manners family departed to their ancestral seat, Belvoir Castle in Leicestershire, and left Haddon Hall empty, except for a steward, for the next two centuries. This was a considerable blow to Bakewell's prosperity.

#### GEORGIAN CHANGE

By the mid 18th century Bakewell was a run down, dirty market town of unpaved streets, fouled by the cattle and sheep markets and muddy with the overflow from some of the wells that ran openly to the river. The houses were low huddles of random limestone and straw thatch. Even the church was falling apart. Its steeple vibrated if the bells were rung too zealously and in 1821 the spire and tower were dismantled before they fell. The town's principal inn, the White Horse, was repellent to the traveller and its approach from the mediaeval bridge was narrowed and made hazardous by "a whole group of shoemakers' shops, cobblers' bulks etc... which present a rude medley of joists, rafters and beams ... which fill a traveller with fears lest these ponderous fabrics should tumble about his ears and bury him in ruins".

By 1759 the turnpike roads reached Bakewell; the town's coaching era began and with its new prosperity. In 1804 the Duke of Rutland pulled down the White Horse and replaced it with a fine Regency inn, The Rutland Arms, together with a splendid coaching yard opposite. The ramshackle shops were demolished and the present Square was created in front of the inn. In an attempt to rival Buxton and Matlock Bath the warm bath was refurbished by White Watson, the famous geologist, plantsman and statuary, who lived there. He also laid out Bath Gardens as a botanical garden. Although Bakewell failed as a spa town its cattle market, removed from the streets in 1828, and its stall market flourished.

#### VICTORIAN EFFLUENCE AND 20TH CENTURY TOURISM

The Rutland Hotel remained central to the town's 19th century prosperity. It was renowned for hospitality and good food and it was here, perhaps in the 1820s or 1830s, that the proprietress, Mrs Ann Greaves, made famous the celebrated Bakewell pudding.

William Wordsworth and J.M.W. Turner were among the famous who visited the hotel. Jane Austen, contrary to popular story, did not; Pride and Prejudice was not written here and she is not known to have visited Derbyshire.

However, the great coaching era gave way to that of the railways. In 1861 the Midland Railway arrived, given access to London and Manchester. It remained for a century and boosted the town's tourist trade and, until the second World War, its economy.

Victorian affluence is evident in buildings like the old Post Office and the Town Hall. The church was largely rebuilt and the bridge widened.

Despite two world wars, the closure of the railway and local factories and the decline of its agricultural economy Bakewell still thrives and its tourist trade has increased.

Editorial Accreditation to local resident Trevor Brighton



A view looking down into Bakewell

# Rutland Recreation Ground, Bakewell



Located on the edge of Bakewell town centre and close to car parks is Rutland Recreation Ground where you will discover an oasis of green open space and a site of local natural beauty, set in over 5 hectares of land.

Rutland Recreation Ground was so named in recognition of the Duke of Rutland, who in the early 1900's gifted the land to the people of Bakewell, for the purpose of recreation for its residents and visitors.

Fast forward 100 years+ and the grounds, managed by Derbyshire Dales District Council, still retains its original charm and offers an area of recreation and enjoyment for people of all ages, all year round. Rutland Recreation Ground is host to a

number of local sporting clubs and the cricket pavilion sits proudly overlooking the cricket lawns.

You can often watch a game of football, a croquet match or just laze in the sunshine and watch a game of cricket. If you feel more energetic, you can organise your own game of football, cricket, rounders, tennis, table tennis, the options are as boundless as your energy! The children's play area and splash pad are a big hit for families with young children, offering a safe space for your little ones to let off steam. When they are ready to take some time out to refuel, the green open space is great for that delicious family picnic,





although the use of BBQ's and open fires are prohibited.

There are many benches available around the ground to sit and rest and the Shelter is a great pit stop from the rain or the sun. Regardless of the weather, you can grab a cornet from the seasonal ice cream seller



and enjoy a spot of people watching. Conveniently the public toilets with baby changing facilities and disability access are situated here too, for when the need arises.

The area around the River Wye is managed for wildlife. With the slow flowing water and wildflower meadow, providing home to a range of insects, fish, birds and small mammals. Including the heart-warming sight of our resident ducks and their ducklings. The flora and fauna are always a fascinating sight to behold on any day of the year.



Throughout the year, the ground is a popular venue for a variety of events, with the finale of the annual Bakewell Carnival in July, being the crowning glory of events

Whatever your reason to visit, Rutland Recreation Ground is an accessible space that welcomes walkers, runners, strollers, gazers, responsible dog walkers, children, babies, mums, dads, grandparents, singles, families, friends, sweethearts. We look forward to seeing you!

Photographs kindly supplied by Derbyshire Dales District Council.

# Riverside

Bakewell was one of the top 10 visited places during lock down and visitor pressure has always been immense. Added to this over the past few years embankment erosion (not just visitors but local community use), climate change creating more intensive rainfall and the resulting floods along stretches of the Wye has impacted further on the embankments. Two sections in particular: Scots Garden and a section close to the car park on the opposite side of the bridge have deteriorated over the years and trying to naturalise those was key. Not only for the fisheries point of view but for supporting the local biodiversity in general.



The River Wye supports nationally important species including Rainbow Trout, Grayling, Otters, Kingfishers, Water Voles etc. Scots Garden is home to all the above but the riverside habitat has become eroded at an alarming rate. The project aims were to stem the deterioration by installing suitable naturalising material to recolonise these areas, provide increased vegetation/habitats and

importantly convey conservation/ climate change messages to thousands of people that use the immediate area. In this case coir was the preferred materials supported by tree brushings and coir matting. The project would collect stories of the history of the meadows and how they are used today. A key outcome is the Management Plan, outlining proposals of its use and recreational activities to nature conservation measures. This is a first for the Town Council to adopt such a report to support the way it is being used now and in the future.



Over recent years and perhaps becoming more frequent flooding and wet winters has seen sections of the river embankment in Scots garden meadows disappear.

The river section around Scots Garden meadows are important breeding and spawning grounds for native Rainbow and Brown Trout - a nationally important location as it's the only river in the country to have such a large population of spring spawning wild rainbow trout. We need to consolidate these breeding areas and with the support of the Haddon Estate a plan to re-vegetate the banks was planned. Rivers are dynamic creatures and the process isn't a quick

# Regeneration



Hedge materials from the nearby car park were used to capture sediment on that side of the bridge. The hedge we hope will last even more years with the professionally laid hawthorn being part of the traditional heritage skills highlighted through this project. Sheffield Countryside Conservation Trust, with the help of volunteers, has created a lasting legacy for the hedge and its maintenance. A booklet about the meadows and educational materials are also available free of charge.



fix but can change. Coir rolls and other materials were brought in by Elms, a company well used to working in challenging hydraulic situations. With the Environment Agency on side they gave permission for soft landscaping to happen, preferring a more lower, natural

look to the scheme, rather than coir rolls regimentally fixed on top of each other throughout the embankments.

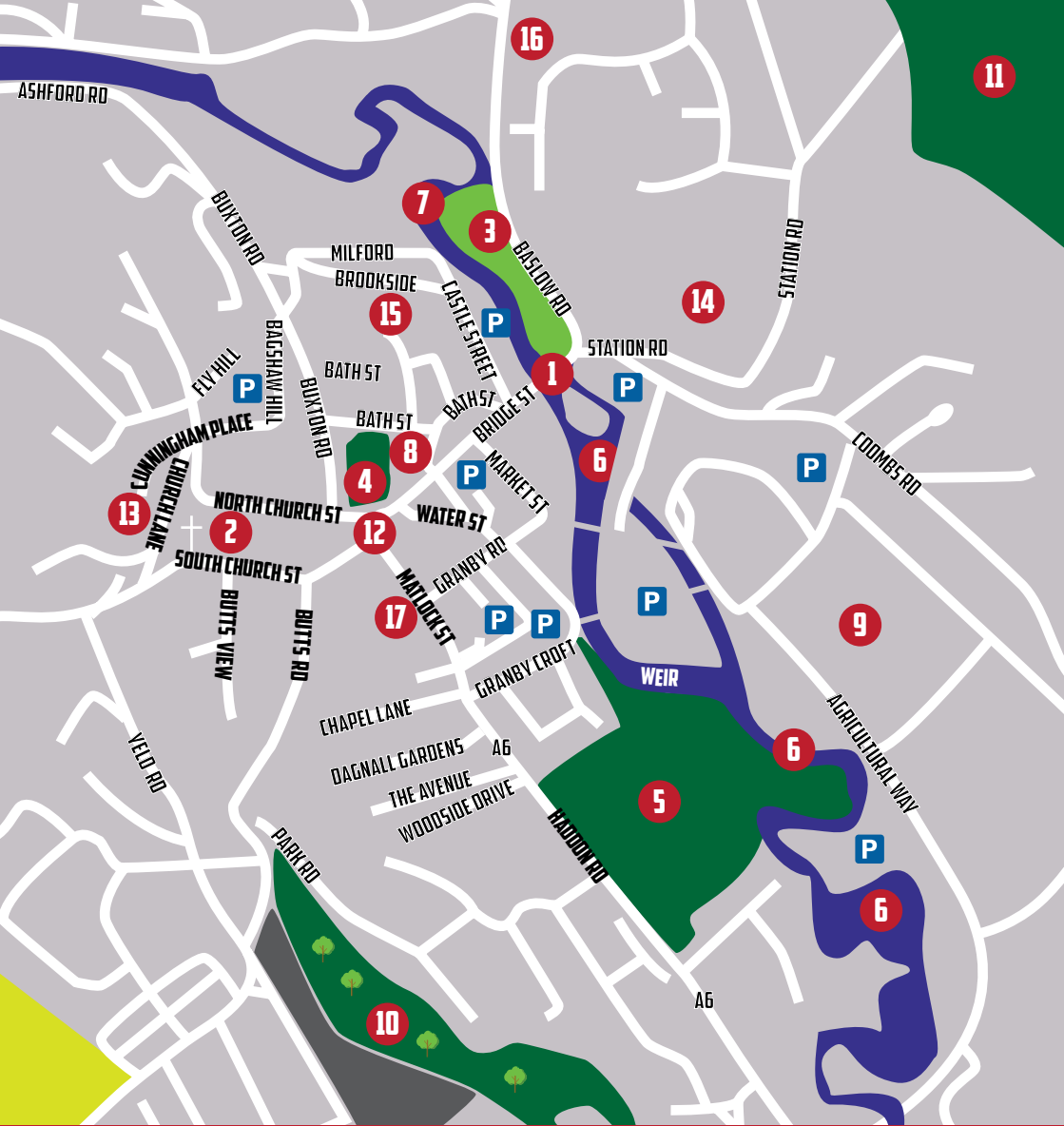


The challenge is the vegetation and sediments are captured by the brash and coir is to ensure that visitors alike see this as a long term solution rather than a quick fix. It's inevitable

that the embankments will be used by children entering the river, or dogs splashing around so future small remedial works will be carried out by our contractors post project end date.

We have to acknowledge our funders in this National Heritage Lottery Fund, Derbyshire Dales District Council and Bakewell Town Council with the support of the Haddon Estate.





# BAKEWELL

- |   |                            |                        |                        |
|---|----------------------------|------------------------|------------------------|
| 1. Bakewell Bridge                          | 6. River Wye               | 11. Bakewell Golf Club | 16. Newholme Hospital  |
| 2. All Saints Church                        | 7. Wier                    | 12. Memorial Cross     | 17. Bakewell Tart Shop |
| 3. Scot's Garden                            | 8. Bakewell Town Hall      | 13. Old House Museum   |                        |
| 4. Bath Gardens                             | 9. The Bakewell Showground | 14. Bakewell Motte     |                        |
| 5. Rutland Recreation Ground & Cricket Club | 10. Catcliff Wood          | 15. Medway Centre      |                        |

# SHOP LOCAL

Visitors to the town will find its small shops together with the personal service they give, one of the chief delights. Personal Service is core to local retailers, the quality and variety of the local produce, goods and products is unrivalled.

Mondays in Bakewell is market day where you will find freshly cooked local produce, fruit and vegetables along with a range of other produce, gardeners' needs are covered by local nurseries, you will find clothes, fabrics, tools and electrics.

These goods and more are also available in the wide variety of town shops, high quality ladies' and gentlemen's outfitters. Rural Threads is a well known independent menswear business is worth a visit with their great range of suits and well known brands at competitive prices. Wines, spirits and beer are available on the high street and in Portland Square just off Water Street you will find Wee Dram an emporium for the discerning whisky connoisseur.

King Street, once the site of the old Corn Market and the Old Civic Centre of Bakewell is the most elegant shopping street in Bakewell. Here you will find Orvis Bakewell and many more shopping emporiums to explore. A must visit is King's Court, just off King Street which offers unique shops. Among these are Birdsong, handmade home decorations and gifts, Violets and Daisies for gorgeous flowers, stunning bouquets, floral arrangements and premium skincare, luxury home fragrances can be found at Soapbox.

Bakewell is a shopper's paradise and a recently welcomed addition to the high street is the British Emporium on Bridge Street, a one-stop shop to buy products made in Great Britain.

The main shopping areas on the high street in Bakewell are King Street with Kings Corner, Matlock Street, Market Street featuring Hebden Court, Rutland Square, and Water Street with Portland Square.

Where you decide to shop has a major impact on local retailers who offer unrivalled advice, enthusiasm and passion. These Bakewell businesses take great pride in helping their customers choose their purchases giving in-depth product knowledge and advice.

By shopping locally you are also pumping money back into the local community. Over 50% of all private sector sales in the UK were made by small and medium sized businesses as well as being the largest national employer. It is these local businesses who spend their money in their local area, giving money back into the community, generating more business locally. It is a win-win financially to the local community. Roughly 63p of every £1 spent in small – medium sized businesses was put back into the local economy, compared to 40p of the larger corporations.

By spending your money in local shops you are helping to invest in Bakewell, making the high street the welcoming and vibrant town centre that we all love.





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# What is Live-in Support...?

## Is this the choice for you or your family member?



Bluebird Care Derbyshire Dales & Amber Valley provide a managed live-in support service, often referred to as live-in care. With live-in support, a personal care assistant

lives-in with an individual, or couple, to provide the support they need to promote their independent daily living. The care assistant can support with meal preparation, assistance with medication and personal care, carry out domestic tasks and shopping, provide companionship, and accompany the person that they support to appointments and social visits and outings, if required or desired. Live-in support enables someone to live as independently as possible, and remain safely at home, with the familiarity of their home and their belongings around them. This form of support allows for flexibility - personal care can be carried out to suit the individual, which can be helpful if someone has dementia; outings, and other activities, can be spontaneous and be arranged around the weather.

A few practical considerations: The live-in personal assistant will need their own room, and access to wifi and laundry facilities etc.. The care assistant usually shares meals with the person whom they support, but the customer is expected to provide their daily meals.

A customer can anticipate being supported by 2-3 care assistants on a rotational basis so will soon get to know their companions.

Overnight, occasional support can be provided; the care assistant isn't able to support more than once a night on a regular basis. The care assistant also has a 2 hour break each day, when they don't have any support responsibilities during this time. If the



individual being supported isn't able to be left alone, further support to cover the break can be provided, or covered by family or friends.

As Bluebird Care provide a managed local service, any matters that arise that require attention, can be resolved in a timely fashion by their friendly and professional team.



Live-in support is just one offering from Bluebird Care. Regular companionship visits, from 2 hours, are also offered by the local service in the Matlock area.

Other good things to know: Bluebird Care Derbyshire Dales & Amber Valley are Living Wage Foundation Accredited Employers, meaning that they pay at least the Real Living Wage, which is higher than the National Living Wage.

Their service is also rated as Outstanding by the Care Quality Commission (CQC)\*, the regulator for the health and care sector. Only between 1 and 3% of services receive this rating. Their latest report and rating can be viewed on the CQC website.

Visit: [bluebirdcare.co.uk/derbyshire-dales-amber-valley](http://bluebirdcare.co.uk/derbyshire-dales-amber-valley)

Tel: 01773 880055

\*Correct at time of going to press.



# *Food & Drink in Bakewell*

One of the advantages of living in Derbyshire, besides the beautiful Peak District, is the food and drink.

Around this county you will find some incredible places to eat and drink and Bakewell is no exception. On offer in and around the town you will find a huge variety of what are mostly independent cafes, restaurants and bars.

The wonderful point about Bakewell is that it is located around all the rich farm land with many of the ingredients being sourced locally, fresh and of superior quality.

You will find many cream teas with a selection of cafes and tea rooms in the area.

As well as this amazing array of places to eat you will find that Bakewell also offers some of the best selection of real ales in and around its pubs. Many spots to drink offering a wonderful selection of real ales, exceptional cuisine often with an ever changing menu board so a variety is offered on a regular basis. Bakewell offers some real gems of pubs with a great atmosphere to boot.

With such a huge selection of places to eat and drink you will find it very difficult to pick and choose somewhere.

Wherever you live in Bakewell or whatever your budget you will not go hungry with places to dine out and of course why not enjoy a Bakewell Tart.





## Exceptional Hospitality



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**The education in the UK is divided into 4 main parts.  
The curriculum calls these 'Key Stages'.  
Children in the UK legally have to attend school from  
around 5 – 16 years of age.**

## **Key Stage 1 (5-7 years old)**

This is the earliest stage of education in which children are introduced to basic learning including phonics in which the child will speak loudly a list of 40 words. The subjects taught are English, maths, history, geography, music and physical education. SATs are held at the end of key stage 1

## **Keys Stage 2 (7-11 years old)**

This is when a child moves to primary school and their knowledge on core subjects becomes more advanced and in-depth.

## **Key Stage 3 (11-14 years old)**

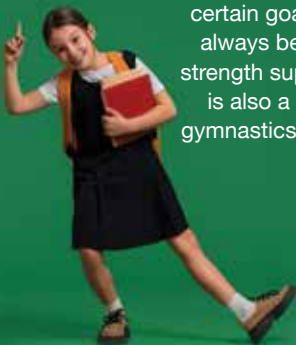
A stage what many would speak of as a 'very important period of education'. This is the stage before they begin working on GCSE national qualifications.


## **Key Stage 4 (14-16 years old)**

This is the final stage of compulsory education, the period when students learn the skills and gain the knowledge for their GCSE assessments. The core subjects are maths, english and science. Foundation subjects are computing, physical education and citizenship. Schools are obliged to teach at least one subject from each of these areas: art, design and technology, humanities and modern foreign languages.


## **Extracurricular Activities**

Extracurricular activities offer children an opportunity to utilise the academic skills they have learned in the classroom and apply them in a real-life context. A cooking class, for example, will help to inform a child on the advantages of the different food groups. Another option could possibly be gymnastics which is a sport that focuses both on strength and agility as well as balance, which will improve a child's physical health and well being. It would also work on a child's concentration and focus and give them confidence as they achieve certain goals. They will of course socially interact with other student which is always beneficial. Dance is yet another option as an activity. Again offering strength suppleness and physical co-ordination but this time to rhythm. Dance is also a great way for a child to express themselves with music. Also like gymnastics this with give confidence with the achievements and can also be a disciplined activity helping with focus.





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# Kids

## Dance & Drama

As adults there are some areas of our child's development which can be easily overlooked. We can easily consider our child's future with regards to exam results, thinking that if our children are academic they will be successful.

There are often areas we overlook, such as confidence, verbal and non-verbal communication, empathy, imagination, creativity and improvisation.

Surprisingly these are all skills a child can learn by taking part in a dance and drama class.

Performing or dancing on a stage in front of an audience can take a lot of courage, and while some of us may freeze up, children will be taught to do this in drama. Being part of a production will expand a child's imagination, acting out a character, playing out a person, or maybe an animal. A student will learn communication skills, to an audience and even a director as well as fellow dancers and actors. Clear speech and expression through dance and body language is key to a performance.

Practising dance moves and learning a script can require memory and concentration skills. Without even realising, when a child is so focused on learning a performance, concentration and memory will become more developed while having a lot of fun in the process.



And let us not forget the social aspect of being in a dance or drama group. Working in groups it is important to work well in a team, which is a vital skill in a child's development.

While a youngster will be learning all of these skills, they will be having lots of fun and making memories that will last a lifetime.



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Sarah is a specialist pelvic health physiotherapist. She focuses on assessing and treating dysfunctions of the pelvic floor muscles, improving issues like incontinence, pelvic pain, postpartum recovery (offering the Mummy MOT® service) and supervised return to exercise. These conditions are often ignored and not often discussed, however pelvic floor dysfunction is thought to affect a large proportion of the population, up to 1 in 3 women (and a proportion of men).

Pelvic floor issues can affect anyone, they can often be distressing and negatively impact on quality of life. At Baslow Physiotherapy, we understand the sensitive nature of these conditions. Our personalised approach ensures that each patient receives compassionate, discreet, and effective care based on extensive experience and up to date research.

Sarah sees women at various stages of their lives including:



- Pregnancy
- Peri menopause
- Post menopause
- After gynaecological surgery
- C-section recovery
- Return to running and exercise after having a baby

Are you experiencing any pelvic floor issues and need help in addressing them with a specialist physio? Early intervention and having the appropriate knowledge and reassurance at the right time can be key in preventing symptoms from worsening but also, improving or curing the symptoms that you have.

**We invite you to visit Baslow Physiotherapy Clinic and discover the difference specialised care can make. Follow us on Instagram @baslow\_physio or visit [www.baslowphysiotherapy.co.uk](http://www.baslowphysiotherapy.co.uk) or call 07923 601 527 to learn more.**



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# COMMUNITY:

A group of people living in the same place or having a particular characteristic in common.



Community is a very positive aspect of what it is to be human. In a community we can solve problems, raise spirits, have a sense of pride, share faiths and embrace character. It makes us feel good that we are part of something greater than ourselves.

Community provides an opportunity for people to learn from each other, give support and encouragement by joining forces. It encourages us to meet people we may not have otherwise met, to engage with others in a similar situation or maybe others who share a similar problem that can become halved when talked about or worked through with others. This togetherness through community participation can bring an empowerment and inspiration, bringing with it a sense of control which can enable us to influence positive change and make a difference to a group in what really matters to its members.

It can bring motivation and bring about desirable behaviours. It can go beyond immediate basic needs and build great beneficial rewards in an enjoyable sense of togetherness. Community brings about bonding, connecting individuals and forming relationships providing a deeper

sense of belonging and providing a sense of security. Community resources can be gathered and problems can be solved, where as, being attempted as individuals may not have been possible, where one person strength can be another's weakness. Community spirit brings with it a great sense of encouragement making goals and achievements.

Communities can present themselves in many different forms, it can be physical or virtual, whether it is in a geographic area, such as a town or village, a collection of people who may, when along struggle with an illness or addiction, people who may feel discriminated against when alone but when together can vent frustrations, feeling empowered and become heard, or it may be a group of people who have a common interest which seems even more wonderful when embraced with others who share that interest.

However community presents itself, it is a human quality that brings wellness and positivity. There is no limit to what people can do as part of a one. Bringing together like-minded individuals who are headed for the same goal, in a rewarding and engaging group of people who come together as one.



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Care Home With Nursing



*"I am enormously grateful to everyone at Valley Lodge, at every level of the organisation, for the commitment they always show to providing individual care and kindness to my mother and aunt and to making the home a happy and welcoming place for everyone."*

-Review from D.B (January 2024 taken from carehome.co.uk)

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✓ **Nursing Care**

✓ **Dementia Care**

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Derby > Belper > Matlock > Bakewell > Buxton

Whether you wish to soak up some Culture at Buxton Opera House, scale the Heights of Abraham and wander through Pooles Caverns, take a train ride back in time at Matlock or taste the famous Bakewell tart there's a whole host of things to do along the Transpeak route.

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# TRANSPEAK

DOG WALKING IN



# The Peak District

Welcoming more than 13 million people each year, The Peak District National Park covers 555 square miles, which is about the size of Greater London. The Peak District is a very popular location for dog owners, allowed in the majority of areas. There are hundreds of miles of location to walk your dog happily with breath taking views everywhere and plenty of hills, should you wish, to keep both you and your dog fit. We do advise in the interest of wildlife, ground nesting season which is between March and July for instance, and livestock. Also please clean up after your dog.

The Peak District is the most accessible National Park, with numerous cafes throughout, including The Hassop Station Cafe located between on the spectacular Monsal Trail which is open 362 day a year.



Be aware of the weather when out as conditions can change quickly, especially when getting higher up in The Peaks, so plan your route and take suitable clothing. It is also worth carrying a map with you. Take water for both you and your dog with a portable dog bowl.



## Community Church

Spreading the word of God, as well as weddings, christenings and funerals to the local community is how many of us would describe a church's purpose. The Sunday Services for many is the highlight to many devoted followers who have the chance to congregate with friends of the same belief as well being offered the wise words of God. The church offers faith, which for many is a vital part of daily life and has been for many years. The church also offers other lifelines which the community can depend, such as food banks, free toddler groups, credit unions amongst many others, depending on the church and the area. These are essential services which many depend on so the next time you consider popping along to your local church open day, consider the importance and the good work and the money raised from these events. It's not just the church roof that needs to be fixed.



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14th July

**BAKEWELL COUNTRY FESTIVAL**  
Bakewell Showground

14th July

**BAKEWELL COUNTRY FESTIVAL**  
Bakewell Agricultural Centre

20th July

**GAUGE 1 NORTH MODEL RAILWAY EXHIBITION**  
Agricultural Business Centre

21st July

**CLASSIC & PERFORMANCE MOTOR SHOW**  
Chatsworth House

2nd - 4th August

**YNOT FESTIVAL**  
Pikehall, Derbyshire

10th August

**PBFA BOOK FAIR**  
Agricultural Business Centre

14th August

**JACKS ASHES**  
Assembly Room Theatre, Bakewell Town Hall

16th August

**WATSON: THE FINAL PROBLEM**  
Assembly Room Theatre, Bakewell Town Hall

30th August - 1st September

**CHATSWORTH COUNTRY FAIR**  
Chatsworth House

28th September

**PARKINSONS GROUP FUNDRAISING CONCERT**  
Assembly Room Theatre, Bakewell Town Hall

5th October

**ANDY PARSONS – BAFFLINGLY OPTIMISTIC**  
Assembly Room Theatre, Bakewell Town Hall

8th November

**JO CAULFIELD – HERE COMES TROUBLE**  
Assembly Room Theatre, Bakewell Town Hall

9th November - 1 December

**CHATSWORTH CHRISTMAS MARKET**  
Chatsworth House

15th November

**A CELEBRATION OF SIMON & GARFUNKEL**  
Assembly Room Theatre, Bakewell Town Hall

27th & 29th November

**RICH HALL: SHOT FROM CANNONS**  
Assembly Room Theatre, Bakewell Town Hall

8th December

**BAKEWELL CHRISTMAS SPARKLE**  
Bakewell Showground

12th - 22nd December

**CHRISTMAS TREE FESTIVAL**  
All Saints Parish Church

**TBC**

**TBC**

**TBC**

**For tickets for shows at Bakewell Town Hall please visit  
[www.ticketsource.co.uk/bakewelltownhall](http://www.ticketsource.co.uk/bakewelltownhall)**

# Bakewell Old House Museum

With a fascinating museum, an impressive church, along with a variety of independent shops and cafes, bustling markets and famous puddings, there is much to enjoy in Bakewell.

Offering fabulous views of the town, All Saints Church, Bakewell's parish church, is a wonderful building well worth visiting. There has been a church on this site for many centuries, certainly since the late 800s. The church holds what is believed to be the largest collection of



Anglo-Saxon carvings in the country. In the churchyard stand two stone crosses along with several 12th and 13th century stone coffins.

Bakewell Old House Museum, a stone's throw from the church in Cunningham Place, was built when Henry VIII was on the throne. It is steeped in the history of our town. Originally

a tax collectors cottage, it was soon converted into a gentleman's residence for a farming family – complete with an internal Garderobe (a Tudor toilet)! Later Richard Arkwright, who owned a cotton mill in the town, used it to house his mill workers. The museum tells the story of Bakewell and this part of the Peak District, and is



cramped with objects and people's stories to interest all ages, including a rat trail for children and art workshops: the museum is a real family attraction.

Bakewell was granted a market charter in 1330 allowing a weekly market, a three-day fair and one fifteen-day fair to take place every year. Buying and selling of cattle, sheep, pigs, horses and produce would have taken place in the centre of town. Bakewell's livestock market survives to this day, in the 'new' (1998) purpose built Agricultural Business Centre (ABC). Auction days are still held on Monday and Thursday. Of course, Bakewell is well known for its Monday market in the centre of town, where visitors enjoy wandering among a wide variety of stalls.



And on the last Saturday of every month a lively Farmers' Market is held in the ABC. Alongside the traditional markets regular craft markets are held in the Scout Hut and the Town Hall.

The International Day of Dance is another great favourite when dancers from all over the country come to show off their talent and get Bakewell dancing.

Carnival in Bakewell is a regular event. A week of celebration leads up to the parade, which is held on the first Saturday of July. Activities include a pet show, Jack Russell racing, a duck race, a performance by Bakewell Silver Band and everyone's favourite the Raft Race.

On Carnival Day Bakewell becomes a riot of floats, bands and dressing up. Coinciding with Carnival are the ever popular and beautiful Well Dressings placed around town. It makes for a colourful time of year.



There are lots of events and talks at the museum, including the Terrifying Tudor House 26-31 October, family fun over the October half term. This year's exhibition is Treasured Quilts: Warmth and Wealth, and showcases local quilts, highlighting the makers' stories.



There are talks, workshops, ghost tours, concerts and much more at the museum – see the website for further information.

Around town, seasonal festivities

include a Christmas weekend market, carol singing, a spectacular Christmas Tree Festival in the church.

Further information:

[www.oldhousemuseum.org.uk](http://www.oldhousemuseum.org.uk)

Bakewell Old House Museum, Cunningham Place, Bakewell DE45 1DD Tel: 01629 813642

Images accredited to Sean Page

# Bakewell the spiritual home of baking

The only town situated inside the Peak District National Park, Bakewell has been voted the second best town in Britain by the Times and is surrounded by some of the most stunning countryside in the world. It's a haven for walkers, cyclists, fishermen and just about everyone who loves the outdoors. For more details of where to go and what to do visit our Tourist Information Centre in the town centre.

## Are you a Pudding or a Tart - Person?

The Bakewell pudding, unique to Bakewell is an English dessert consisting of a flaky pastry base with a layer



of sieved jam, topped with an egg and almond paste filling.

The Bakewell Tart is England's best known confection and consists of a

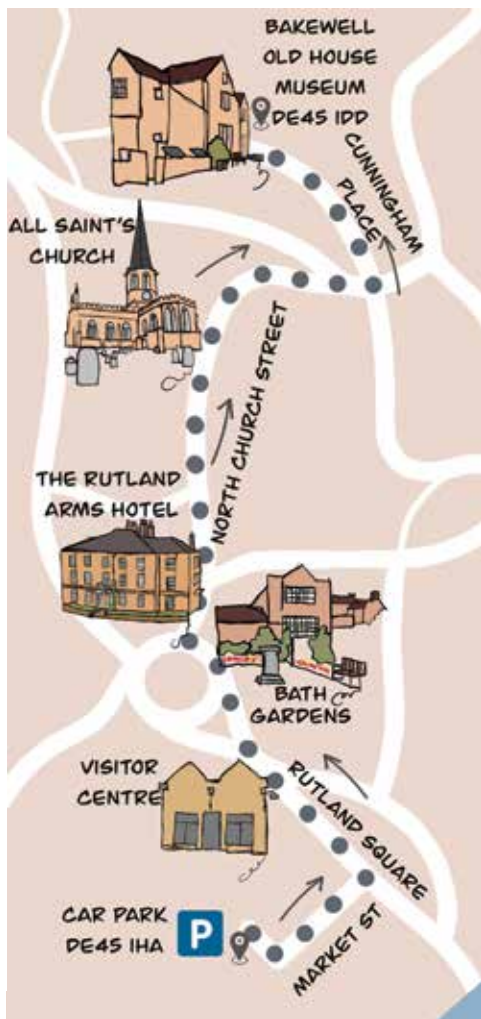
shortcrust pastry with a layer of jam and a sponge using ground almonds. The origins of the pudding are not clear; however, the generally accepted story is that it was first made by accident in 1820 (other sources claim the 1860s) by Mrs Greaves, who was the landlady of the White Horse Inn (now called the Rutland Arms Hotel). She supposedly left instructions for her cook to make a jam tart. The cook, instead of stirring the eggs and almond paste mixture into the pastry, spread it on top of the jam. When cooked, the egg and almond paste set similar to an egg custard, in texture, and the result was successful enough for it to become a popular dish at the Inn. These dates are unlikely to be accurate as the White Horse Inn was demolished no later than 1804 to make way for the



development of Rutland Square and subsequently the Rutland Arms Hotel. Additionally, Eliza Acton provides a recipe for 'Bakewell pudding' in her

book *Modern Cookery for Private Families* which was published in 1845, making the pudding's creation date of 1860 impossible.

Modern versions of Bakewell tarts are different, both in appearance, flavour and texture to Bakewell puddings. They are generally made by larger commercial bakeries, often with icing on top. The debate about who has the original recipe is a many splendid thing and to this day 2 shops in the town, Bloomers of Bakewell and The Old Original Bakewell Pudding Shop both offer what they each claim is the original recipe.



[www.oldhousemuseum.org.uk](http://www.oldhousemuseum.org.uk)  
 Bakewell Old House Museum,  
 Cunningham Place, Bakewell DE45 1DD  
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# MAGIC AT THE LOST CAULDRON

Cherry Wallis, a successful social media content creator with over 100 million views on YouTube, recently opened a magical shop in Matlock called The Lost Cauldron. The shop offers an enchanting array of products inspired by the Wizarding World and authentic witchcraft. Customers can discover whimsical gifts, candles, crystals, sage, incense, and other magical goods. Cherry has partnered with Leslie Lenaghan, the owner of the award-winning magical shop The Lonely Broomstick in Scotland. The Lost Cauldron is the perfect destination for a magical day out.

For more details visit: [www.lostcauldron.com](http://www.lostcauldron.com) or pop in from Monday to Sunday between 10am - 6pm at 75a Matlock Green, Matlock, DE4 3BT



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Buxton is the joint highest market town in England, with a height of over 1,000ft, and is famous mostly for its 'healing' spa waters.

For thousands of years tourists have travelled to bathe in its mineral waters of Buxton for thousands of years. Buxton is also known for its stunning architecture which is Georgian and Victorian - mostly linked with the 5th Duke of Devonshire's desire to create a spa town to compete with Bath during 18th century.

The Buxton Crescent Hotel & Thermal Spa Hotel is a Grade I listed five-star hotel and spa with rooftop pool, beautiful rooms and spa treatments. Buxton's also has other wonders such as the incredible Devonshire Dome, built first as stables to complement The Crescent, it has a larger span than that of St Paul's Cathedral and was built by the Duke of Devonshire.

Buxton also showcases the Grade II listed Edwardian Opera House, built by Frank Matcham, renowned theatre architect, in 1903. Buxton Opera House is home to the annual internationally-renowned Buxton Festival of 'opera, music and books', and a host of other music, theatre, and comedy shows during the year. The historic Old Hall Hotel is also near by and is reputed to be one of the oldest hotels in England, known for being used to keep The Mary Queen of Scots captive during the 16th century.

Those visiting Buxton today can have the opportunity to see the beautifully-landscaped and restored Pavilion Gardens, with its formal borders, lawns, with family-friendly cafe, play areas and a shop.




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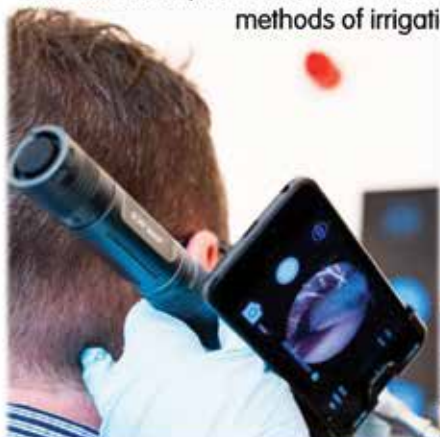


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Peak District National Park, first of Britain's 15 national parks founded in 1951, covering an area of 555 square miles.

One of the most popular national parks in the UK attracting 13.25 million visitors annually, there really is something for everyone, great walks, great views, lovely towns and villages to explore.

The National Park 90 % is farmland, the area offers 1,600 miles of public right of ways consisting of footpaths, bridleways, 65 miles dedicated to cycling and walking trails, 34 miles of disused railways, High Peak Trail, Tissington Trail and Monsal Trail with cycle hire centres at Ashbourne, Parsley Hay, Derwent Valley and Middleton Top. The highest peak is Kinder Scout reaching 636 metres and the tallest cave is Titan Shaft at Castleton 141.5 metres.

The most popular leisure facilities are walking, climbing, cycling, mountain biking, caving, angling, photography, nature walks and watching, gliding, visiting stately and historic houses, country pubs and tearooms.

One of the most popular national parks in the UK attracting 13.25 million visitors annually, there really is something for everyone, great walks, great views, lovely towns and villages to explore.

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# BEAUTIFUL DERBYSHIRE

## ALL SAINTS' CHURCH, BAKEWELL

The church was founded in 920, during Anglo-Saxon times and the churchyard has two 9th-century crosses.

During restoration work, in the 1840s, many carved fragments of Anglo-Saxon stonework were found in and around the porch, as well as some ancient stone coffins.



## MONSAL TRAIL

The Monsal Trail runs for 8.5 miles from Blackwell Mill in Chee Dale to Coombs Road in Bakewell.

An ideal route for walkers, cyclists, horse riders and wheelchair users running through the breathtaking limestone dales of Peak District.

The route opened to the public in 1981 with public footpaths diverting people around four former railway tunnels that remained closed for safety reasons.



## THE FORGOTTEN MAGPIE MINE NEAR BAKEWELL

The Magpie Mine remains are described as one of the most important industrial heritage sites in Derbyshire. It was the last working lead mine in Derbyshire with a 200 year history, including the murder of three miners and a widow's curse, which is said to still remain to this day.



## THE STEPPING STONES AT CHEEDALE

These beautiful picturesque stones are located very close to the well known Monsal Trail, near Millers Dale.

These stone pass through an amazing limestone gorge. The area is surrounded by some wonderful wildlife as Chee Dale has a protected nature reserve.



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A popular tourist destination since the late 17th Century when the spa waters were discovered, Matlock Bath's heyday was in Victorian times when it became known as "Little Switzerland" by the poet, Lord Byron. It's thermal spring waters maintain a constant 20°C (68°F) temperature all year round and were thought to contain medicinal properties. Between the Pavilion and the river sit the charming Derwent Gardens and on the opposite bank is a lovely riverside path, nicknamed 'Lovers' Walk'. Coloured lights illuminate the gardens and the river walk during September evenings. A floating fete, a magical parade of illuminated boats also takes place along this stretch of the river in late summer and spectacular fireworks displays are held on Saturday nights.

## THE STEPPING STONES AT CHEEDALE

These beautiful picturesque stones are located very close to the well known Monsel Trail, near Millers Dale. These stone pass through an amazing limestone gorge. The area is surrounded by some wonderful wildlife as Chee Dale has a protected nature reserve.

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**“Flash flooding happens when rain falls so fast that the underlying ground cannot cope, or drain it away fast enough.” The Met Office.**

Millions of us are at risk of flooding in the United Kingdom in many areas. We have been warned by scientists that as a result of climate change, flooding in the UK is actually becoming more frequent and affecting more of us.

If you are thinking water may enter your home and need to evacuate, it will be advantageous to:

- Move your car(s) pets, food, important documents, valuables and of course precious items, such as laptops or photo albums
- Place some flood protection in place.
- Switch off gas, electricity and water supplies (as long as it's safe to do so). Do not touch electrical switches when standing in water.

To help prevent water getting into your home it is helpful to:

- Block toilets with towels or bedsheets while weighing down the toilet seat.
- Seal air-bricks with cloths, towels or plastic covers.
- Use sandbags and floorboards to stop water entering under doors or through windows.

If you do live in a high risk flood area, it is obviously worth making sure

- you have the correct insurance policy to cover you. It is also a good idea to have the number of the insurance company at hand in case of a flood, so you are able to register your claim as soon as possible.
- Take photographs of your property when not flooded for insurance purposes.

If you have been flooded, do not re-enter your property until:

- All standing water has been removed especially from the underfloor area.
- The fire and rescue service can pump out standing water (they will charge for non-emergencies) you could also hire a pump. Remove mud, using a shovel (potentially this mud could be contaminated). Then use a hose to clean up the floor.

Flood water can potentially be contaminated with untreated sewage, which can remain after flood water has been removed remaining hazardous. It is advised to:

- Wear rubber boots and gloves while in property
- Wash cuts and keep covered with plasters
- Children, pregnant women and those with health problems should avoid the property until the clean up is completed.
- If you feel unwell after being in the property contact your doctor.

Drinking water:

Tap water could potentially be unsafe, so either drink bottled water or boil any water before drinking. Unboiled water should not be used.

This includes when brushing teeth, washing food and cooking.

By calling Floodline on 0345 988 1188 you can sign up to receive free flood messages for your area direct to your phone, mobile, email, SMS text, or fax.

Climate change, a growing population, and less green space are causing floods, according to the Environment Agency. Extreme weather events are four times more likely to happen now than in 1970.





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The vast experience accumulated over years is second to none and their reputation often precedes them. A good tradesperson needs to be hardworking, reliable, honest with a high level of customer care, and a good listener, trustworthy and professional. Who you decide to undertake work in your home or which trade professional you engage has a major impact on the local economy.

Whether you are looking for a new boiler, home or garden maintenance, a professional cleaning service, decorating and home design and so much more over these pages you will find some exceptional businesses. These trade professionals and independents definitely excel in their field and go the extra mile.



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30 YEARS  
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## Exceptional Services

An RAC survey of 2,000 drivers found a huge nine-in-10 (89%) think at least some headlights on cars on the road today are too bright, of which three-in-10 (28%) – a higher proportion than ever – think most are. Of the all these drivers who complain about the brightness of car headlights, some 91% say they get dazzled when driving with three-quarters (74%) saying this happens regularly.

When it comes to the effects of glare on drivers, two-in-three (67%) who suffer say they have to slow down considerably until they can see clearly again, while a similar proportion (64%) believe some headlights are so bright they risk causing accidents. In fact, five per cent of these drivers state they have nearly been involved in a collision themselves.



Saying goodbye is never easy and planting a tree or shrub in their memory of a person who has died can help, a place where you can come as a family to reflect, remember and celebrate their life, a physical presence to visit and nurture.

A lasting memorial which can be visited for years to come on anniversaries, birthdays and special days. Commemorating someone's death is painful, sad and celebrating their life on these days can help with the grieving process.

There are lots of ways to remember your loved ones, visiting special places, gathering with friends and family, visiting their final resting place or memorial, lighting a candle, supporting a charity in their memory, watching their favourite film or listening to their favourite music. There is no right or wrong what works for you is best.

Alarmingly, nearly one-in-10 (7%) say they find headlight glare so bad that they avoid driving at night altogether, a figure that rises to 14% for drivers aged 65 and over.

While the RAC has been surveying drivers on dazzling headlights since 2018, these new findings show more drivers than ever appear to be suffering from them, with 85% of those affected stating they believe the problem is getting worse.

As part of its study, the RAC asked drivers to estimate how long it takes them to see clearly again after getting dazzled by other drivers' lights. While 68% say it takes between one and five seconds, one-in-10 (11%) say it takes six or more – which, staggeringly, is enough for a driver travelling at 60mph to cover 160 metres, the equivalent of 40 car lengths.

The reasons drivers perceive headlight glare to be such an issue are less clear, although an overwhelming 87% of dazzled drivers think it is mainly due to the fact some lights just appear much brighter. This could be as a result of the increasing prevalence of cars fitted with LED headlights, leading to a much more intense and focused beam that the human eye reacts differently to, compared to a conventional 'yellower' halogen bulb. While LED headlights are great for improving a driver's view of the road ahead, this can be to the detriment of other road users who encounter them.

## On this page are some of the local clubs and societies showcased, supporting the local communities

### THE PEAK METHODIST CHURCH - BAKEWELL.

Weekly services: Sunday - 10.30am  
Weekly Coffee mornings - Monday 10am - 12 noon  
Special Festivals: Christmas Eve Candlelight Service - 6pm  
Christmas Day Morning - 10.30am  
Easter: Good Friday - 10.30am Easter Sunday - 10.30am  
For further details about any services/events:  
Heather Thomas - 01629 813824

### 1st BAKEWELL SCOUT GROUP

Scouts actively engages and supports young people in their personal development, empowering them to make a positive contribution to society though our group based in the centre of Bakewell and working across the Peak district.

Beaver Scouts – Friday open to everyone between the ages of six and eight years old.

Cub Scouts – Wednesday 8 to 10 ½ years old

To get in touch, please look on our Facebook page or our Peak lead Volunteer via [dlv@peakscouts.org](mailto:dlv@peakscouts.org)

We are based at The Brigade Hall, Bath Street, Bakewell, DE45 1BX

### BAKEWELL CHORAL SOCIETY

Our membership shares a passion for music from a variety of eras. Weekly rehearsals are on Mondays at 7.15 p.m. in Bakewell Methodist Church.

We perform four concerts every year.

[www.bakewellchoral.co.uk](http://www.bakewellchoral.co.uk) Lydia Fielder Lord,  
[BakewellCSchair@gmail.com](mailto:BakewellCSchair@gmail.com)

Paul Batson Membership Secretary [bcsmembersec@gmail.com](mailto:bcsmembersec@gmail.com)

### BAKEWELL ROTARY

Be part of a global network of volunteers, trying to make the world a better place.

Visit [www.bakewellrotary.org](http://www.bakewellrotary.org) for information on helping your local community and enjoying the company of like-minded people within a world-wide organisation.

### DERBYSHIRE DALES CVS

DDCVS provides information, advice, training and support to local groups and carries out community development work that aims to build social capital and improve the life chances of people through training, activities and community participation. We manage a small grants programme giving Dales groups the chance to apply for funding towards running their activities or improving their village hall or sports facilities. We also run a social prescribing service - New Connections.

In the Derbyshire Dales, GPs, nurses and other primary health professionals can refer someone to New Connections, who will start by having a conversation with the person about what matters to them. From there, the person will be introduced to activities, groups or services that enable them to get the most out of life.

You can contact DDCVS - telephone: 01629 812154 or Email us at [enquiries@ddcv.org.uk](mailto:enquiries@ddcv.org.uk) [www.ddcv.org.uk](http://www.ddcv.org.uk)

### MATLOCK DERWENT VALLEY LIONS CLUB

A charitable organisation raising funds in a variety of ways and providing assistance both locally and nationally to good causes. We welcome ladies and gentlemen and meet for a Business meeting on the 2nd Monday of each month. We also have social events. Interested in joining us?

Go to [www.matlocklions.org.uk](http://www.matlocklions.org.uk) or phone 03458339583

2nd Monday of each month.

We also have social events. Interested in joining us?

Go to [www.matlocklions.org.uk](http://www.matlocklions.org.uk) or phone 03458339583

### YOULGRAVE HARRIERS RUNNING GROUP

YOULGRAVE HARRIERS RUNNING GROUP

We are a running group based in the village of Youlgrave.

We operate as a community group, so no fees etc.

Simply show up and come for a run.

We meet twice a week, Tuesday and Thursday evenings from 18:45 for a 19:00 start on Alport Lane Playing fields, Youlgrave (the football/cricket pitches). Tuesdays are a social 1 group 5k jog around the fields. Thursday's rotate between different types of sessions and are suitable for all e.g. grass reps on the pitches or hill reps in the village. What we're planning is on the 'club run' page of the website.

We also do open invite Weekend Guided Trail Runs. Every 3-4 weeks we head out to somewhere in the Peak District for a group run. Full details of planned and past routes with maps etc are on the website events page. Again no fees etc simply register you're coming so we can control numbers.

We also organise 2 races per year. The Pommie Panter Fell Race in mid May and the Winster Hill Race at the end of June. All monies raised from both races go into the respective village's fundraising. Entry and info can be found on our website.

<https://www.youlgraveharriers.com/>

If you have any questions please contact us via [youlgraveharriers@gmail.com](mailto:youlgraveharriers@gmail.com)

## Useful Numbers

**EMERGENCY  
FIRE, POLICE,  
AMBULANCE  
MOUNTAIN &  
CAVE RESCUE** **999  
or  
112**

### NON EMERGENCY NUMBERS

Childline	0800 1111
Crimestoppers	0800 555111
Drug/Alcohol Problems (DCC Action Team)	01629 580000 ext 7248
Drug Helpline – 24 Hour	0800 776600
Drugs – Needles 24 hour	0800 0925131
Electricity – East Midlands	0800 568090
Fire & Rescue HQ	01332 771221
Gas – Transco Gas Leaks	0800 111999
National Domestic Violence	0808 2000 247
NHS Direct	111
Police	101
Police HQ, Ripley	0845 123 3333
Power Cut	105
RSPCA Emergency	08457 888999
Samaritans – 24 Hour	116 123
Water – Floodline	08459 881188
Water – Hotline	0800 80 70 60
Water – Severn Trent	0800 7834444

### BANKS

Natwest	0345 788 8444
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### CHEMISTS

Bakewell Pharmacy	01629 813215
Boots	01629 812043

### COUNCILS

Bakewell Town Council	01629 813525
Derbyshire County Council	01629 533190
Derbyshire Dales District Council	01629 761100
Peak District National Park Authority	01629 816200

### COURTS

Combined Courts Derby	01332 622600
North East Derbyshire & Dales Magistrates Court	01246 224040

### DENTISTS

Diamond Court Dental	01629 812991
Smith Dental Practice	01629 812066

### DOCTORS

Baslow Health Centre	01246 582216
Peak and Dales Medical	01629 816636
Youlgreave Medical Centre	01629 636207

### FUNERAL DIRECTORS

J.W. & J. Mettam	01629 812114
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### HOSPITALS & CARE

Bluebird Care	01773 880055
Chesterfield Royal Hospital	01246 277271
Children's Hospital	01332 785654
Derby Royal Hospital	01332 340131
Newholme Hospital	01629 812525
NHS Direct	111
Whitworth Hospital	01629 580211

### MISCELLANEOUS

Call Derbyshire	01629 533190
Citizens Advice Bureau	0300 456 8390
East Midlands Airport	0800 169 7032
Environmental Agency	0800 807060
Inland Revenue	0300 200 3300
Bakewell Library	01629 533964
Post Office Customer Services	0345 7223344
Rail Enquiries	0345 748 4950

### TOURIST INFORMATION

Ashbourne	01335 343666
Belper	01773 880474
Bakewell	01629 813227
Chesterfield	01246 345777
Derby	01332 255802

### VETERINARY SURGERIES

Bakewell Vets	01629 812744
Lambert Leonard May Farm Vets	01629 691692

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 Find us: [facebook.com/SpencerBros1903](https://www.facebook.com/SpencerBros1903)

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[derbyshiredales@bluebirdcare.co.uk](mailto:derbyshiredales@bluebirdcare.co.uk)

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[bluebirdcare.co.uk/derbyshire-dales-amber-valley](http://bluebirdcare.co.uk/derbyshire-dales-amber-valley)

